

'International Priyadarshini' Award Winner
Dr. Medha, Dr. Pushkaraj, Pratik, Dr. Manasi, Dr. Rucha's
Tanvi Herbal Products or popularly known as Herbal Tanvipathy

1. Free health check-up facility available at main Tanvi Herbal Clinics at Ghantali Thane, Eternity Thane and R.K.Vaidya Road Dadar. For hair, skin and all other health issues only Tanvi Herbal Treatments are suggested.
2. Tanvi Herbals has a wide range of products for Health Care, Skin Care, Hair Care, Face & Body Care products. All essential personal care products like Hair Cleanser, Body Lotion, Face Cream, Face Packs, Face Wash, and Hair & Body Massage Oil are now introduced with Tanvi Essentials beauty treatment range and are all available Online on website, Amazon and Tanvi Clinics.
3. Free subscribe to Tanvi Herbals - Tanvishataa YouTube channel and watch Tanvi Directors' interviews. Download free Tanvi Herbal App. Like Tanvi Herbal FB page. Get Free consultation directly from Tanvi Herbals Doctors and Health Consultant WhatsApp Dr. Manasi : 9769905892, Dr Medha 7045589981 (WhatsApp only) or mail us at onlineconsult@tanviherbals.com
4. Dr. Medha has been endowed with many felicitations like International Priyadarshini Award, Udyog Shree Award along with Maharashtra Chamber's Woman Entrepreneur Award which was given to her by Madhuri Dixit. Dr Manasi has been awarded Bharat Gaurav and Dr Pushkaraj with Thane Ratna.
5. Tanvi Herbals promotes Ayurveda and its benefits worldwide through lectures and exhibition in order to propagate a healthy lifestyle using ancient Ayurveda.



TREMBLE IN HANDS STOPPED

Suffering from Parkinson for the last 15 years. For the first nine years, it was treated with the help of Allopathic. Those medicines could not help much with my shaky hands. The trembling was gradually increasing. I was very confused. Then I came to know about Dr Medha Mehendale. After consulting her, I started taking Tanvi medicines. Surprisingly within a month, the trembling in my hands stopped completely. I am still continuing the medicine. But now with the shakiness gone, I could once again go about efficiently doing normal day to day things. It helped me pull myself together again and enjoy my life ahead as planned. It has hugely benefitted me.

Mr Vidyadhar Sahastrabuddhe. (USA)

MY WIFE, AGE 58, MUCH RELIEVED FROM DIABETES AND BP

My wife, age 58, suffering from diabetes and BP for the last three years. She even suffered heart attacks. My brother gave the Tanvi Products Booklet and that made us our own doctor. We stopped all the allopathic medicines and as directed in the booklet, ordered the Tanvi medicines from Pune office. My wife started these medicines on 29-05-2012 and then we did all the tests related to above-mentioned conditions on 23-06- 2012. To our surprise all reports were normal, and it took away our stress since then. Many thanks to you.

- Mohan Choudhary, Jalgaon

KNEE PAIN DIMINISHED

According to my previous doctors, my knee had a severe condition. After doing an x-ray and other tests, they suggested a knee replacement for me. On that very day, I watched your program on TV. I visited your Kalyan Clinic and started taking Vatshaanti, Shatajivanti, Tanvishataa, Santhakaphaa and before bed Ojasaa and Tanvi Triphala. This enabled me in such a way that I got fit again at 70 and recently even climbed up the Jejuri Fort. I practice Surya-namaskar and Pranayam regularly - **Sushma Choudhari, Ambarnath.**

Main Tanvi Herbs Clinics DAILY FREE CHECKUP (Monday closed):

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Mumbai : R.K.Vaidya Road, Dadar - **9833683621**,

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Pratik **9820369727** Dr. Rucha **9920975892**



Tanvi Herbals' directors have produced feature films like 'Zoom Zam Zombie' and 'Gojiri' in Marathi and 'Daughter' in Hindi and also produced a telefilm named 'Ayushyaman Bhava', for awareness of Ayurveda. These films have received many Zee Gaurav Kaladarpan awards. Renowned actors like Sunil Barve, Madhura Velankar, Kushal Badrike, Arun Nalavade, Uday Sabnis and Abhijit Chavan have acted in these Marathi films and in Hindi films, Padmini Kolhapure, Vikram Gokhale, Reema, Smita Shevale etc have acted. The main character in the film 'Daughter' is played by Tanvi director Dr Rucha. Well, known singers like Kailash Kher, Shaan, Sadhana Sargam, Milind Ingale, and Mihira Joshi along with Tanvi director Dr Manasi have given their voice to the songs in these films.

Dr Medha Mehendale is a founder member and Ex- chairperson of Anand Vishva Gurukul. This Gurukul School has been an embellishment and pride for Thane citizens.

Mehendale madam you came out with Tanvigandha face powder. It is excellent. Best wishes to Tanvi Team. It will beat international face powder kudos for your 3 untiring research. You really made your mark in the market with its renewed launch successfully. You worked with unfailing regularity and the today you see the success launch of Tanvigandha. You are no less than a scientist like Einstein and all others. You have proved once again woman power behind this Tanvi face powder as well. You deserve award. Also international one. Keep it up. Even sky is not the limit for you. Your leadership is laudable. You are not only doing a business but you are adding to the growth and economy of this country. Good luck to Dr Medha Mehendale team India. What a spirited company. **Our Prime Minister Mr Narendra Modi** will be more than proud of you for this innovation. Hope your product Tanvigandha will soon hit the international market. I look forward to see this international success of your product. I am sure this will give a complete facelift to face conscious stars globally. With best regards.



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FOREWORD

Watching joyful faces of the patients relieved from ailments with the help of Tanvi Herbals gives a profound sense of satisfaction. A compact treatment kit of Tanvi Herbals has reached countless households, treating them for day to day health issues at home and saving a trip to the doctor. The right combination of Tanvi Herbals started producing phenomenal results and this brought about a health care revolution in the society. Now they have the password to fearlessly yet calmly fighting the ailments and getting the desired results. Statements like, 'For last 15 years I didn't need any other medicine than Tanvi Herbals only proves their immense faith in Ayurveda and it is through Tanvi Herbals that Ayurveda has become a guiding light in their lives for all these years. Even after 5000 years, the Ayurvedic treatments stated and compiled by Rishis and Seers like Charak, Sushrut and Vagabhat are still being proven true to their effectiveness. If only a drop of this vast knowledge is fetched and utilized through modern medicinal processes, then even that would make a phenomenal difference in today's healthcare scenario.

Tanvi Herbals has been working with the same faith and sanctity. And for this contribution, Tanvi Herbals has been endowed with Priyadarshini award from then finance minister Mr Ramakrishna Hegde, Maharashtra Chamber Of Commerce's Woman Entrepreneur Award given by Madhuri Dixit, Udyog Shree Award and many others. Tanvi Herbal extract Production and Distribution Process has become a role model of how Ayurvedic medicines can successfully meet with modern scientific methods and approaches.



In India, there are many medicine companies which are manufacturing Ayurvedic medicines. Some of them maintain a high standard and quality in medicines. Yet some are prone to make substandard, cheap and market-oriented medicines. Some even mix them up with hazardous steroids and malign the sanctity of Ayurveda. Food and Drug Authority of India has been penalizing such malpractices. It takes the implementation of complex rules and regulations for brands to manufacture Ayurvedic medicines.

In such a scenario, Tanvi Herbals was initiated and the first thing that occurred to many people is, 'what is it that we are offering different than the others?' But for the first time 'Satva' - Deep Extracts of Active Content of all Herbal Ingredient, got extracted from herbs and soon these effective, high quality, FDA approved medicines started relieving patients from hair, skin and all other health complaints. It got popular worldwide by the name of Ayurvedic Herbal Tanvipathy.

Generation next particularly doesn't like the bitter tasting syrups, capsule-sized tablets or odd tasting powders which tastes bad and lingers all day. They tend to avoid these medicines for various reasons. So how does Ayurveda can be incorporated in their lives then? For this, Dr Medha Mehendale extracted Tanvisatva from medicinal herbs & Tanvi Herbals products were formulated. At Tanvi Herbals, we make highly concentrated medicines which are derived using Natural Concoction and are all Aqueous extracts of the Active Ingredients of 100 kg of medicinal herbs, average 5 to 10 kg of concentrated Satva got extracted.



High-Level R&D was done by Tanvi Directors along with a team of well-known Ayurveda Experts. And the directors came up with medicinal formulations which were then manufactured using a special technique in a GMP Certified, Cruelty-Free plant medicine without any Animal Testing. These effective Tanvisatva which were in powder from earlier, now came out as tiny tablets, easier to take for all age groups. Tanvi products like tablets, powders, oils, liquids etc. are available at all chemists. With the help of this book, you can directly buy Tanvi products from chemists for Tanvi first aid. In order to provide appropriate health advice and faster relief from ailments, there is a Free Health Check-up facility at Tanvi Herbal Clinics. In cities and suburbs like Thane, Dadar, Dombivali, Kalyan, Vashi, Pune, Kolhapur, Nasik, Nagpur etc., there are selected Tanvi clinics where Tanvi doctors check the patients and suggest appropriate Tanvi Natural Remedies. The check-up, instructions and general health advice are free. Dr Medha Mehendale delivers lectures all over the globe, on topics like Ayurveda, Naturopathy, Household Remedies, Healthy Ayurvedic Lifestyle, Healthy Lifestyle in Pregnancy etc. and spreads this fundamental Ayurvedic mantra that, 'Instead of getting sick and taking medicines, one should strengthen his or her immunity in such a way that no disease can come after you'. She has propagated Tanvi Herbals in countries like USA, Canada, Bahrain, Dubai, Malaysia, Singapore etc. May Ayurveda be assimilated in your day to day lives and with the help of Tanvisatva may your health be immune at all times.

Helping somebody out of their suffering and pain will give you immense inner joy. On festivals and events give this invaluable and healthy Tanvi products gift to your friends and family.



'International Priyadarshini' Award Winner
Dr. Medha, Dr. Pushkaraj, Pratik, Dr. Manasi, Dr. Rucha's
Tanvi Herbals - The Herbal specialist

Totally natural and effective tiny Tanvi tablets pack, oils, Ointments and lotions have been enhancing the quality of lives of countless households for 25 years now. In Tanvi Herbal Clinics, on performing 'Nadi Pariksha', Tanvi doctors only and exclusively prescribe Tanvi products to the patients. No other medicines, no other 'pathy' or Panchakarma is practised in Tanvi clinics. Only through Tanvi medicines and general healthy lifestyle suggestions, the health issues are resolved. In order to assure the patient, Tanvi doctors only prescribe Tanvi combinations from this booklet and if felt necessary other supportive Tanvi medicines are suggested.

From toddlers to aged people, this natural, herbal and safe treatment can be given to everyone. These pea-sized tablets are made from 5 to 10 kg concentrated Satva extracted from 100 kg herbals, are supportive in faster relief from ailment. The work that Tanvi Project is doing in this direction has been greatly appreciated through International Priyadarshini Award, Maharashtra Chamber of Commerce's Woman Entrepreneur Award, Udyog Shree Award and many more. In market 100 kg tablets are made from any 100 kg medicinal herbal powder, while Tanvi tablets are derived only 5 to 10



kg from 100 kg herbs. that's why these pe-sized Tanvi tablets can quickly dissolve in blood and give results 10 times faster than any ordinary herbal powder as this is a concentrated effective treatment.

Tanvishataa Tablet - Tanvishataa Tablet is the best tonic for complete health and fitness. People have been maintaining their health for years only by taking 2 Tanvishataa Tablet every day. For glowing skin, thick hair and energy, Tanvishataa Tablet works like a joyful tonic. Especially for women, there is no other tonic like Tanvishataa. During Pregnancy, mothers should take 2 Tanvishataa Tablet every day for 9 months. Kids should be given 2 Tanvishataa Tablet every day in order to avoid frequent sickness. Tanvishataa Tablet works as a tonic and also as a remedy. According to Ayurveda, the medicinal Satva in Tanvishataa Tablet like Shatavari, Gulvel are mainly used for issues like acidity, fatigue, Amllapitta, nausea, irritation, headache, urine infection, urinal blocks, urine stone, excess creatinine, Dhatudosh, conceiving issues, foetus growth issue, post-pregnancy lactation issues, thin hair, dandruff, itching, pimples, black spots, darkening of skin, stomach and leg pain in menstruation, excess secretion, white discharge, insomnia, sleeping issues, appendix, stomach ulcer, liver disorders, low BP, hormonal imbalance, depression, mood swing, feelings of hot flush in menopause, gases,

indigestion, itching from Psoriasis, dry skin, fever, anaemia etc. It also works as a general tonic in all chronic diseases. That is why Tanvi doctors prescribe 2 to 4 Tanvishataa Tablet for 3 to 4 times in a day. So to keep diseases away, take 2 Tanvishataa Tablet a day, be fit & healthy .

Sweetslimm Tablet: To avoid problems related to obesity, Tanvi doctors suggest Sweetslimm tablets. It feels light yet energized all day with sweetslimm. Sweetslimm helps in digesting the unhealthy fats and ultimately in thinning the body shape. This treatment has to be done consistently for a few months. According to Ayurveda, it's medicinal ingredients like Vijaysaar, Vidang, Chirayta, Giloy are effective on low secretion during periods, irregular periods, Vata diseases, hookworms, hormonal imbalance, PCOD PCOS, diabetes, cholesterol, triglyceride etc. As a fitness tonic and to avoid putting up weight, patients regularly take 1 Sweetslimm tablet for 1 to 2 times a day. The quality of the Satva in Sweetslimm is such that, one feels considerably light in 15 days and gradually the slimming starts in a month. So take Sweetslimm tablet as a daily fitness tonic and shape your body & be slim trim.

Vatshaanti Tablet : For Vata diseases, Ayurveda suggests Rasna, Gokshur, Devdar, Punarnava etc. Tanvi Herbals Doctors suggest Vatshaanti Tablet which consists of all the above ingredients for health

complaints related to gases, body ache, indigestion etc. Joint Pain, Neck Pain, Cramps, Numbness, Muscle Sprain, Sciatica, Dizziness, Parkinson, Gases, Stiffness In Stomach, Indigestion, Stomach Pain from Gases, AamVata, Vertigo, Varicose veins, hormonal imbalance, various skin and cough allergies, hair and skin allergies, pain in bones, cramps and for many other serious Vata diseases doctors prescribe Vatshaanti Tablet as a part of a combination, according to the patient's condition. Countless patients who are relieved from joints pain or Arthritis have sent letters of gratitude and appreciation to us. 'If Vata is balanced, then health is balanced. Many patients regularly take 1 Tanvishataa Tablet and 1 Vatshaanti Tablet as their daily health tonic.

Shatajivanti Tablet : The active medicinal ingredient (Satva) in Shatajivanti Tablet is shatavari and Makardhwaja. They are very effective in heart complaints. There are many patients who take daily 1 Shatajivanti Tablet as a heart tonic. It is considered a 'Yogavahi' medicine as it supports and accelerates the working of other medicines. Tanvi Herbals Doctors prescribe Shatajivanti Tablet for all Vata related diseases like Parkinson, Skin Complaints, Varicose veins, Kidney disorders, Psychological disorders, Opisthotonos treatment. Hence for all chronic ailment, Shatajivanti Tablet is recommended along with Tanvishataa Tablets.



According to Ayurveda, the Satvas in Shatajivanti Tablet help in maintaining proper blood circulation of the body. For heart blockage, our doctors recommend to daily take 2 Shatajivanti Tablet for 3 to 4 times a day. In high BP Tanvi doctors see to it that the chemical medication is gradually lowered and positive results attained with the help of Shatajivanti Tablet. To lower cholesterol and triglyceride, to escalate good cholesterol, to avoid blockages, chest pain, heaviness in chest, short breaths, angina pain, for heart size and functioning issues, for shoulder pain etc., doctors always suggest to carry Shatajivanti Tablet so that whenever needed in chest pain 1 to 4 tablets can be chewed or taken for faster relief. From time to time Tanvi doctors monitor whether the chest pain and heaviness is lowered and whether the heart functioning is enhanced. To maintain a healthy balance after forty, a daily dose of tonic Shatajivanti Tablet is best.

Ojasaa Tablet : According to Ayurveda, the Satva ingredients in Ojasaa Tablet like Brahmi, Shankhpushpi, Vekhand, Pippali, Malkangani etc. help in proper neuronal functioning in the form of a tonic. It is also used for low confidence, low concentration and diseases like Alzheimer's. That is why Ojasaa Tablet, Vatshaanti Tablet, Tanvishataa, Shatajivanti Tablet are prescribed. For students to excel in a competitive world and for sharper intellect,

school and college students, officers, executives, people who work in pressure environment should regularly take 1 Ojasaa Tablet at night before sleeping as a best student's tonic. As a tonic and as a remedy Ojasaa Tablet is used for depression, bed wetting, fits convulsions, memory issues, delusion, fear, psychological disorder, sleeping issues, trembling from Parkinson and many more.

Ashwayashtee Tablet : According to Ayurveda, Ashwagandha, Balaa, Kohala, Chansur, Kavachabij, Gorakhmundi is very effective and useful in treating health complaints related to Improper Height growth, Calcium Deficiency, Impotency, Dhatushakti growth, vatvikara, low level of energy and many more.

Ashwayashtee Tablet is made from a rich concentrated extract of these herbs and is very effective for height growth with a combination of other Tanvi Herbals products. For growing children, desired results have been achieved if followed properly for at least 3 months with proper diet and balanced nutrition. It is more effective when taken with warm water.

Santhakaphaa Tablet: For Kapha related complaints, Tanvi Herbals doctors suggest Santhakaphaa Tablet. For cold, cough, throat pain etc. 1 Santhakaphaa tablet for 3 to 4 times a day is suggested. Santhakaphaa Tablet which consists of



medicinal Satvas like Pushkarmoola and Ringani are used in the form of combination for diseases like Tonsils, Dust Allergy, Vertigo, Kapha and Vata Diseases, Diarrhoea, Joints and Knee Pain, AamVata, Arthritis, Stiffness, Sinus, Migraine, Psoriasis, Itching, Spondylitis, Slip Disc, Chest Cough, Asthma, TB and many more... In cough diseases, curd, banana, guava, custard apple are generally avoided. Milk and wheat should be taken separately with a one-hour interval and not at the same time. Also, milk and fruits at the same time are suggested to be avoided.

Tanvijyeshta Tablet: For normal or excessive coughing problem, Tanvijyeshta Tablet is prescribed. These tablets consist of Jyeshthamadh which is very effective for Asthma. When breathlessness occurs, 2 to 4 Tanvijyeshta Tablet is suggested. Countless patients are taking Tanvi Herbal's natural treatments for Asthma. The herbal Satvas in Tanvijyeshta Tablet like Jyeshthamadh and Jira are effective in Cough, Sinus, Migraine, Harsh & Heavy Voice and other Vocal Disorders, Stuffy Nose, Snoring, Diseases from Internal Heat, Hiccups, Mucus Issues, Excessive Thirstiness, and Burning of Eyes-Palm-Feet.

Tanvijyeshta Tablet also works great to enhance Intestinal Functions, Indigestion, Intestinal Swelling, Stomach Pain, Obstruction in Defecation Due to the Dry Intestine, Fisher's, Bleeding Piles.



Tanvijyeshta Tablet is suggested in hair and skin diseases, pimples and all types of Kapha related complaints. According to Ayurveda, Jyeshthamadh Satva in Tanvijyeshta Tablet is also used as diuretics in liver diseases. In Kapha related complaints, only Santhakaphaa Tablet and Tanvijyeshta Tablet alone can deliver good health results

Tanvigorex Tablet: Daily take 1 Tanvigorex for energy, good moods & total health. According to Ayurveda, the medicinal satvas in ingredient of Tanvigorex Tablet like Ashvagandha, Amala, Safed Musali, Kavachabij are effective herbal medicines for health complaints like Anaemia, Haemoglobin Deficiency, Dark Circles Under Eyes, Skin Darkening, Hair Fall, Sperm Disorders, Platelets Deficiency, For Conceiving, Stamina, Tridoshjanya Diseases, Sprains, Joint & Knee Pain, Fatigue, Lethargy, Oja Deficiency, Menstrus -Related, White Discharge, Excessive Bleeding etc. Tanvigorex Tablet should be taken by everyone as a general tonic useful for improving Vim, Vigour, Glowing Skin and Healthy Hair.

Diabetrack Tablet: Diabetrack Tablet is prescribed as pancreas tonic for patients diagnosed with diabetes. Daily take 2 Diabetrack Tablet, 1 Tanvishataa Tablet for 3 times a day gradually with Tanvi Herbals doctors monitoring reduce chemical



medication and add Sweetslim & Shatvjivanti tablets if required. Treat your diabetes with Tanvi herbal natural treatment & reduce insulin doses.

So get your free health check-up at Tanvi clinic today and start taking Diabetrack Tablet and Tanvishataa twice a day. The ingredients in diabetrack is best treatment on diabetes as per ayurveda.

Wormex Tablet: Daily at night take Wormex Tablet with warm water and jaggery. To flush out the worms infection and to enhance the Intestinal Functions, Excess Urine Issue, Bed Wetting, Fever From Worms, White Spots, Shine, Teeth Grinding In Sleep, For Vata Diseases etc., the ingredients in Wormex Tablet like Vidang, different types of Ova, Sunth etc. are suggested by Ayurveda.

Tanvitrifala Satva Tablet: According to Ayurveda, the Satvas in Tanvitrifala Satva Tablet like Amala, Harada, and Behada etc. are effective for piles, hair & skin diseases, cancers, eye diseases, indigestion etc. They are also referred to as tonic for eyes in Ayurveda. As the best anti-cancer tonic Triphala is appreciated even by the scientists from Bhabha Atomic Research Centre.



For constipation, Tanvitrifala Satva Tablet is prescribed. In the case of extreme constipation (Kruarakoshtha), 2 Tanvijyeshta, 2 Tanvitrifala Satva, 2 Tanvijyeshtha Tablet, 1 Vatshaanti Tablet and 1 Wormex Tablet are needed to be taken. Other chemical medications on cancer also eradicate healthy cells along with cancerous cells. While Triphala only attacks cancerous cells and keeps healthy cells intact. So along with Tanvishataa, take Tanvitrifala Satva Tablet regularly as a digestive tonic.

Kipen tablets: For headache, body ache, joint pain, indigestion, feverishness etc satvas like Indrayanmoola, Kiratatikta, Ashoka, Haridra, and Nimbasaal are suggested in Ayurveda. That is why Kipen tablets are prescribed for headache and body pain as a pain suppressant. Take 2 to 4 Tanvishataa or 2 Kipen when headache.

Fevrex Tablets: The Satvas in Fevrex Tablets are Draksha, Musta, Dhamasa, Parpat, Vala, Kamalkesar etc. are suggested for fever by Ayurveda. Take 2 to 4 Fevrex tablets for 2 to 3 times a day when fever. If the fever goes above 100^{oF}, then chemical medication is suggested. For extreme fever, feverishness, fatigue from fever, throat disorders, Tanvi Herbals doctors suggest Fevrex. Even when there is no fever but there are feverishness and joint pain, then also Fevrex is prescribed. It is safe and good for all ages.

Tanviliva Tablet: The Satvas in Tanviliva Tablet are Vaasaa, Kutaki, Nimbatvak, Pippali etc. work as Liver tonic and medicine in liver-related issues according to Ayurveda. That is why as a liver tonic, in all Liver Disorders, Jaundice, Hepatitis, 2 Tanvishataa, 1 Vatshaanti Tablet, 1 Tanvijyeshta, 1 Tanviliva Tablet and ½ Shatajivanti Tablet is prescribed.

Tanviliva Tablet is suggested in many Liver-related disorders like Dysentery, Indigestion etc. If the liver is damaged due to habits of liquor or cigarette, then Tanvi doctors prescribe 2 to 3 Tanvishataa Tablet and 1 Tanviliva Tablet for 3 times a day. Tanviliva Tablet helps in Creatinine Escalation, Urine Stone & Infection, Diarrhoea, Liver Swelling, and Kidney Disorders etc. Dialysis patients should daily take 4 Tanvishataa & Tanviliva as best tonic.

Tanvitila Oil (Edible Oil):

(Used for oral consumption, can be applied as nasal drops)

Tanvitila Oil can also be taken orally. For indigestion, constipation, irregular periods, piles etc., the medicinal sidhha Tila oil is very effective according to Ayurveda. Tanvitila oil can also be used in cooking.

Every morning lie on your back and release 2 drops of this oil in your nose. Lie down for 2 minutes and then stand up. If oil slides down in your throat



then you can spit it out. This process is called Nasya treatment. It gives lustre and agility to your brain, head, nose, ears and skin. Do this daily as lubrication to body organs

Kishan Ointment (Herbal Lip Repair Balm) (for general cuts & burns) : Keep your lips moisturize & hydrated also use for cuts, bruises, burns, facial spots, Psoriasis, white spots, allergy, itching. Kishan ointment consists of medicinal satvas like Kokam, Gulab, Jayphal etc., as directed in Ayurveda.

Tanvi Ointment (Herbal Pain Balm) : Cold, Nosal congestion, body ache, stiff stomach, joint pain, swelling etc. are treated effectively by Tanvi ointment, which is made up of satvas like Nilgiri, Neem, Tulsi, Pudina, Ova etc. as directed by Ayurveda. So use Tanvi ointment for headache, knee pain & many more.

Ketaki Oil (Herbal Pain Relief Oil) : Ketaki oil which consists of satvas like Balaa, Nirgudi, Castor oil, camphor, garlic, Mhaka, Pudina, Nilgiri etc. is effective in joint & knee pain, AamVata, Arthritis, cramps, numbness, stiffness, tremble, sprain, sciatic pain, slip disc, cervical spondylitis, muscle pain, back-neck-waist pain etc. in the form of massage oil as directed in Ayurveda. So for joint & knee pain, apply massage every day with Ketaki oil.

Dhavalanti Powder (Herbal Tooth Powder): For healthy and strong teeth, brushing with Dhavalanti Tooth Powder is suggested. It resolves dental issues by lowering the cough layer in the mouth. Dhavalanti even helps in indigestion. According to Ayurveda, the satvas in Dhavalanti like Jyeshthamadh, Bakulsaal, Khairsaal, Karanj, Sunth, Lavang, Miri etc. are effective in teeth issues like a toothache, plaques, swelling of gums, Pyorrhoea etc. and in addition flossing with Tanvitila oil is suggested. So for dental issues or dental health, regularly brushing with Dhavalanti Tooth Powder.

Ubtan Joy Lotion (Herbal Body & Face Wash): Ubtan Joy is used in curing various skin diseases and for general skin health and care. According to Ayurveda, the ingredients in Ubtan Joy like Gulab, Vaala, Chandan, Bavachi, Kachursugandhi, Aambehalad, Nagarmotha, Arjun, Anantmoola, Ritha etc. are effective in itching, dryness, rashes, cracks on feet, skin darkening etc. Ubtan Joy is used in washing bruises from Psoriasis. It's the best tonic for glowing skin. So daily take herbal natural Ubtan Joy lotion bath & keep your skin soft & glowing.

Papai Joy Lotion (Herbal Face Wash): For pimples, black spots, tanning, pigmentation etc., Papai Joy is best face wash. It contains satvas like Papai, Jayphal, Arjun, Anantmoola, Raktachandan etc. as

directed in Ayurveda. So give a fresh glow to your face, by using Papai Joy Lotion face wash every day.

Cucumber Joy Lotion (Herbal Daily Face Wash): It contains Cucumber, Dhania, Gulab, Aambehala etc. makes the skin clean, soft and glowing. It helps in dry skin, rash, allergy, burn, dark circles under the eyes etc. Cucumber Joy is used in softening the rough skin. So for soft and silky skin, wash your skin with Cucumber Joy Lotion.

Pimpletone Powder (Herbal Face Pack): Pimpletone powder, containing satvas like Kesar, Manjishtha, Gavhala, Anantmoola. Mix it with water, apply pack on the face, wash pack after 10 minutes for rough pale skin, pimples, scars, black patches etc.

Kanaka Powder (Herbal Face Scrub): For black spots and dryness for glowing skin, Kanaka Lep Powder pack mixed in water is applied and washed after 10 minutes. Kanaka Powder consists of Satva ingredients like Charoli, Black-Til, Agar, Loban, Vala, Kesar, Gulab etc make skin softer smoother, shiny. Once or twice a week, do apply this Kanaka powder pack and give your skin a fresh glow.

Alovera Joy Powder (Herbal Skin Pack): For hair and skin allergies and dryness in skin, according to Ayurveda Kumari, Vala, Tulsi etc. are useful. Alovera

Joy Powder, which consists of above satvas is applied as pack mixed with water. Plus every day wash your face with Alovera Joy powder plus water for glowing skin.

Keshabala Oil (Herbal Hair Oil Treatment) : For all hair issues, daily, twice or thrice a week Keshabala oil apply on hair, scalp & massage, which consists of satvas like Alovera, Jaswand, Maka, Gandhabiroja, Kachursugandhi, Brahmi etc. It is used in Hair fall, hair greying, and dandruff and for hair growth so Keshabala oil massage on hair & scalp will keep your hair healthy.

Jaswand Joy Powder (Herbal Hair Pack) : Jaswand Joy Powder is effective on hair complaints like hair fall, alopecia, for new hair growth. Apply pack of 4 tsp of Jaswand Joy Powder with water to your scalp and wash with Keshkirti lotion after 20 minutes. It contain, Jaswand Vataanker, which is best for all hair and scalp complaints, as per Ayurveda. So once a week apply pack of Jaswand Joy Powder on your scalp for hair thicknesss.

Dandruffend Powder(Herbal Hair Pack): For dandruff and lice, apply pack of 4 teaspoons of Dandruffend Powder which are made of satvas like Koshtha, Khaskhas, Nagarmotha, Aamracchal etc. + water wash pack after 20 minutes Should be applied once a week. It is best treatment for dandruff & lice.



Keshkalapini Powder (Herbal Hair Pack): For greying of hair, 4 teaspoon of Keshkalapini Powder which consists of Mehendi, Triphala, Maka, Jaswand, Mandur powder etc. + water, wash pack after 20 minutes this pack should be applied every 15 days. Its use ful on hair gripping, hair fall, hair roughness etc.

Tanvi Anti Dandruff Hair Wash Lotion (Herbal Hair Cleanser): Natural hair wash is like a nutritional treat to your hair. For hair wash, only use Tanvi Anti Dandruff hair wash lotion mixed in water. For hair fall, split ends, greying, dandruff and many other issues, Tanvi Anti Dandruff Hair Wash Lotion is the best natural treatment. For thick and strong hair, every day take 2 Tanvishataa tablets & Tanviprasham with water and wash your hair with Tanvi Anti Dandruff Hair Wash Lotion.

Keshkirti Lotion (Herbal Hair Wash): is the best treatment for hair fall dry scalp. Daily wash your hair & scalp with Keshkirti Lotion & water for hair and strengthening hair roots. It contains Maka, Neem, Brahmi, Shikakai, Ritha which is essential for hair and scalp care.

Tanviprasham - Herbal health drink

Tanviprasham is a innovative medicine and a powerful tonic just like Tanvishataa. We all know the importance given to Chyawanprash in Ayurveda. Made from Amla and other natural Herbs is the best tonic and also works as a powerful remedy in many diseases. As a remedy, it is effective in cough, cold, weakness, pitta vikar, fatigue, hair and skin diseases and as first aid in all other diseases.

The best tonic Tanviprasham should be regarded as a blessing from Dhanvantari to the whole of mankind. A small spoon of Tanviprasham can be taken every day just like that or in the form of health drink with a glassful of water. It can be a powerful substitute for chemical cold drinks. So start drinking this Tanviprasham from today.

Tanvi Skin Cream (Herbal Daily Face Cream)

Everybody desires for soft glowing skin. But pimples, rashes, black spots, skin darkening don't let it happen applying Tanvi Skin Cream, the best skin tonic. for dark spots, rashes, itching etc. For glowing skin and maintaining your soft skin, apply Tanvi Skin Cream every day.



Tanvi Skin Lotion **(Herbal Body Lotion)**

Apply Tanvi Skin Lotion to your face & body every day in morning and evening. To transform your dry skin into soft and glowing skin, this simple yet effective treatment gives your skin a golden glory.

Tanvigandha Face Powder **(Herbal Face Powder)**

For skin guard and other skin issues, apply everyday natural Tanvigandha Powder. For prickly heat, skin burn, skin darkening etc., Tanvigandha Powder and all other Tanvi treatments essential are effective to all age groups.

Tanvi Soft Ghrita Cream **(Herbal Daily Used Cream)**

For heat, feet burn, rashes, black spots, blackheads, dry skin, dullness etc., apply Tanvi Soft Cream Ghrita. This Ayurvedic invention is prepared with natural cow ghee. It helps to keep your skin glowing and healthy. It is also effective for dark circles under the eyes, cracks on feet & many more.

Tanvitila Pain Oil **(Herbal Massage Oil for Pains)**

For body pain, joint pain, numbness, Arthritis, gases, shoulder pain, waist pain, Sciatica and for all other Vata diseases, massage the area affected with Tanvitila Pain Oil.



**Dr Medha, Dr Pushkaraj, Dr Manasi, Dr Rucha's
Tanvi Herbal Combination Treatments**

1) Acidity, heat, fatigue, weakness: Tanvishataa 2-2-2 take 4 tablets of Tanvishataa extra whenever acidity. Take one Tablespoon of Tanviprasham in 100ml of water or milk

2) Best tonic for all: Tanvishataa 2-0-0 Take one Tablespoon of Tanviprasham in 100ml of water or milk

3) Urine stone, urine infection, to reduce the inflammation and to ease out the stone in the form of granules: Take Tanvishataa Tablet 2-2-2 or 4-4-4. Take one Tablespoon of Tanviprasham in 100ml of water or milk

4) For calmer sleep, sleeping disorder, frequently waking up from sleep, excessive dreams, and late night sleep: Tanvishataa Tablet 0-0-2 or Ojasaa Tablet 0-0-1 Take one Tablespoon of Tanviprasham with milk or water.

5) Headache, heat, nausea, forehead pain: Tanvishataa 2-0-2 + Vatshaanti Tablet 1-0-0 + Tanvijyeshta Tablet 1-0-0 + (Kipen 1-0-0 when excess pain) Massage your scalp with Tanvi Tila Pain Oil. Apply Tanvi Ointment to forehead on affected areas Take one Tablespoon of Tanviprasham in 100ml of water or milk

6) Prickly Heat, Skin Rashes, Bile Rashes: Take 2 Tanvishata + 1 Vatshaanti + 2 Tanvijyeshta. If rashes occur again take 4 Tanvishataa extra. (Take Ubtan Joy Lotion + water and wash your skin with it. Apply Tanvi Soft Cream Ghrita & Tanvigandha face powder)



7) Fever, feverishness: Tanvishataa Tablet 2-2-2 + Fevrex Tablet : 2-2-2 or 4-4-4-4 (only if above 99°F take chemical medicine with this)

8) Diarrhoea, bowel issues, stomach pain, colitis, indigestion, fatigue etc.: Take Tanishataa 2-0-2, Santhkapha 1-0-0 if it advances Tanvishataa 2-2, Tanviliva 1-0-1, if Stomach, bowel issues take santhkapha 1-0-0, Vatshanti 1-0-0, Tanvishataa 2-2-2, Tnaviliva 1-0-1, Tanvijeshtha 1-1

9) Fisher's- piles- bleeding piles: Take Tanvijyeshta Tablet 2-2-2 + Tanvishataa Tablet 2-0-2 + Vatshaanti Tablet 1-0-0 (During the bath, apply Ubtan Joy Lotion cleanser to wash piles and affected areas. At night before sleeping, apply Tanvi Soft Ghrita Cream.) Daily take one Tablespoon of Tanviprasham in 100ml of water or milk

10) Gases, Stiffness of stomach, stomach pain: Tanvishataa Tablet 2-0-2 + Vatshaanti Tablet 1-0-1 + Tanvijyeshta Tablet 1-0-1 (Massage with 1 Tbsp. Ketaki Oil & Tanvitila Pain Oil on your stomach and affected areas to release gases)

11) Constipation, indigestion, gases, Colitis: Tanvijyeshta Tablet 2-0-2 + Tanvitrifala Satva Tablet 0-0-1 If it advances then take ½ to 1 teaspoon of Tanvitila Oil in warm water at night. Daily take one Tablespoon of Tanviprasham in 100ml of water or milk

12) Liver disorders, Jaundice, Hepatitis: Tanvishataa 2-2-2 + Tanviliva Tablet 1-0-1 + Vatshaanti Tablet 1-0-0 + Tanvijyeshta Tablet 1-0-1 Daily take one Tablespoon of Tanviprasham in 100ml of water or milk



13) Mouth Ulcers: Tanvijyeshta Tablet 2-2-2

14) Hiccups, Sore Throat, Snoring, Vocal Disorders:
Tanvijyeshta Tablet 2-2-2 + Vatshaanti Tablet 1-0-0 +
Tanvishataa Tablet 2-2-0 + Santhakaphaa Tablet 1-0-0

15) Sensitive teeth, toothache, dental issues and dental health: Daily Brush your teeth twice with Dhavalanti Tooth Powder. For shiny teeth, gargle with Tanvitila Oil. For sore gums or mouth ulcers, chew Tanvijyeshta Tablet 2-0-0 extra

16) Stamina, low sperm count, Dhatudosh, conceiving problems: Tanvishataa 2-2-2 + Tanvigorex Tablet 0-0-1 + Ashwayashtee Tablets 1-0-0 + Vatshaanti Tablet 1-0-0 + Tanvijyeshta Tablet 2-0-2 + Tanviliva Tablet 1-0-0 Daily take one Tablespoon of Tanviprasham in 100ml of water or milk

17) For Conceiving Treatment For Men And Women Both, Hormonal Imbalance, Dhatudosh, Period Disorders, Sperm Disorders, Weak Uterus: Santhakaphaa Tablet 1-0-0 + Vatshaanti Tablet 1-0-0 + Tanvishataa Tablet 2-0-2 + Tanvijyeshta Tablet 2-0-2 + Tanvigorex Tablet 1-0-0 + Ashwayashtee Tablet 0-0-1 + Shatajivanti 0-0-1 + Tanviliva Tablet 1-0-0. Daily take one Tablespoon of Tanviprasham in 100ml of water or milk

18) Anaemic Condition, Dry Skin, Haemoglobin Deficiency, Weakness: Take Tanvishataa Tablet 2-0-2 + Tanvigorex Tablet 1-0-0 with Warm water or milk. Daily Take One Tablespoon of Tanviprasham In 100ml of Water or Milk



19) For Weight Gain, Strength in Bones: Take Tanvishataa Tablet 2-2-2 + Ashwayashtee Tablet 1-0-1 + Tanvigorex 1-0-0 + Tanvijyeshta Tablet 1-0-1. Daily Take One Tablespoon of Tanviprasham In 100ml of Water or Milk

20) Calcium Deficiency, Bone Pain, Fatigue: Take Tanvishataa Tablet 2-0-2 + Vatshaanti Tablet 1-0-1 + Ashwayashtee Tablet 1-0-1 + Tanvijyeshta Tablet 1-0-1. Daily Take One Tablespoon of Tanviprasham In 100ml of Water or Milk

21) Sharp Intellect, Concentration, Self-Confidence: Tanvishataa Tablet 2-0-2 + Ojasaa Tablet 0-0-1. Daily Take One Tablespoon of Tanviprasham In 100ml of Water or Milk

22) Psychological Issues Fits, Depression, Mental Stress, Fear, Irritation: Tanvishataa Tablet 2-0-2 + Vatshaanti Tablet 1-0-1 + Ojasaa Tablet 1-0-1 + Tanvijyeshta Tablet 1-0-1 Daily. Take One Tablespoon of Tanviprasham In 100ml of Water or Milk

23) For Height Growth (Till the Age of 21): For the First 3 Months: Take Santhakaphaa Tablet 1-0-0 + Vatshaanti Tablet 1-0-0 + Tanvishataa Tablet 2-0-2 + Tanvijyeshta Tablet 1-0-1 + Ashwayashtee Tablet 1-0-1 After 3 Months: Continue Tanvishataa Tablet 1-0-1 + Ashwayashtee Tablet 1-0-1. Daily Take One Tablespoon of Tanviprasham In 100ml of Water or Milk

24) Bed Wetting: Take Ojasaa Tablet 0-0-1 or Wormex Tablet 0-0-1



25) Polyuria Frequent Urination: Take Ojasaa Tablet 1-0-1 or Wormex Tablet 1-0-1

26) Eye Diseases, Strain On Eyes: Santhakaphaa Tablet 1-0-0 + Shatajivanti Tablet 1-0-0 + Tanvishataa Tablet 2-0-2 + Vatshaanti Tablet 1-0-0 + Tanvijyeshta Tablet 1-0-1 + Tanvitrifala Satva Tablet 0-0-1. Daily Take One Tablespoon of Tanviprasham In 100ml of Water or Milk

27) Cold, Cough, Dust Allergy, Sinus, Migraine, Asthma: Santhakaphaa Tablet 1-0-1 + Vatshaanti Tablet 1-0-1 + Tanvishataa Tablet 2-0-2 + Tanvijyeshta Tablet 1-0-1 + (If required take Shatajivanti 1-0)

28) Stuffy Nose, Heavy Coughing, Breathlessness, Snoring: Tanvishataa Tablet 2-0-2 + Tanvijyeshta Tablet 2-2-1. Santhkaph 1-0-0 + Vatshanti 1-0-0 with cold throat pain take santhkaph extra & with coughing breathlessness take Tanvijyeshta extra. Daily Take One Tablespoon of Tanviprasham In 100ml of Water or Milk

29) Stomach Ache due to Worms: For 2 Months: Take Tanvishataa Tablet 2-0-0 & 0-0-1 Wormex Tablet with Warm Water and smalll Jaggery piece.

30) Lesions, Cuts, Burn Marks, Black Spots On the Skin, Allergy: Tanvishataa Tablet 2-0-2 + Tanvijyeshta Tablet 1-0-0 + Vatshaanti Tablet 1-0-0 Wash affected areas of skin with Ubtan Joy Lotion with Water and rinse off. Daily apply Tanvi Soft Cream Ghrita cream on affected areas in the morning and Kishan ointment at night.

31) Psoriasis, Lesions On Legs, Unbearable Itching, & Allergy: Take with empty stomach in the morning Santhakaphaa Tablet 1-0-0 + Vatshaanti Tablet 1-0-0 + Tanvishataa Tablet 2-0-2 + Tanvijyeshta Tablet 2-0-0 If required take Shatajivanti 1-0-0 Wash affected areas of skin with Ubtan Joy Lotion plus Water and rinse off. Apply Tanvi Soft Ghrita Cream at Night. Daily Take One Tablespoon of Tanviprasham In 100ml of Water or Milk. When itching take 4 Tanvishataa extra.

32) Joint & Knee Pain Arthritis, Cramps, Spondylitis, Swelling, Slip Disc, Numbness, Bone Pain, Orthopaedic Disorders: Take Santhakaphaa Tablet 1-0-1 + Vatshaanti Tablet 1-0-1 + Tanvishataa Tablet 2-0-2 + Tanvijyeshta Tablet 1-0-1 + Shatajivanti 1-0-1 In Case of Calcium Deficiency & Bone Pain, Ashwayashtee Tablet 1-0-0. In Case of Excessive Weight, Sweetslimm Tablet 1-0-0 For Haemoglobin Deficiency or Swelling, Add 1 Tanvigorex Tablet. If the Pain Is There Then Take Tanvishataa Tablet 1-0-1 + Vatshaanti Tablet 1-0-1 Frequently when required. In Case of Excessive Pain Chew 1 Shatajivanti. (Apply Ketaki Oil On Affected Areas Every Night or Whenever You Experience Pain or apply Tanvi Ointment)

33) Body Ache: Take Tanvishataa Tablet 1-0-1 + Vatshaanti Tablet 1-0-1 massage painful areas with 1 Tbsp. Ketaki Oil + 1 Tbsp. Tanvitila Pain Oil.

34) Obesity, Fitness Tonic For Slimming: Take Vatshaanti Tablet 1-0-1 + Sweetslimm Tablet 1-0-1 + Tanvishataa Tablet 1-0-1 + Tanvijyeshta Tablet 1-0-1 In

Case of BP, take Shatajivanti Tablet 1-0-1 Take 1 Tbsp. Ketaki Oil + 1 Tbsp. Tanvitila Pain Oil massage on fatty at night before sleeping or in the morning before bath.

35) For Low BP, Fatigue, Nausea Etc.: Take Tanvishataa Tablet 2-2-2 or take Tanvishataa 2-0-2 Shatjivanti 1-0-0 with milk.

36) For High BP: Take Shatajivanti 1-0-1 with Water or Chew 2 to 4 Shatjivanti extra when BP shoots. Take Sweetslimm 1-0-1 + Vatshaanti Tablet 1-0-1 + Tanvishataa Tablet 1-0-1

37) Cholesterol, Triglycerides Bad Cholesterol Increased, Good Cholesterol Decreased, H.D.L. – L.D.L. Ratio Increased, Breathlessness, Heavy Chest: Take Sweetslimm Tablet 1-0-1 + Vatshaanti Tablet 1-0-1 + Tanvishataa Tablet 1-0-1 + Shatajivanti Tablet 1-0-1 Daily Take One Tablespoon of Tanviprasham In 100ml of Water or Milk

38) For Heart Blockages, Angina Pain, Chest Pain, Rapid Pulsation, Heaviness of Chest, Breathlessness, Left Shoulder Pain, Blockages All Over the Body Etc.: Shatajivanti Tablet 2-2-2 + Santhakaphaa Tablet 1-0-0 + Vatshaanti Tablet 1-0-0 + Tanvishataa Tablet 1-0-1 + Tanvijeshta Tablet 1-0-0 Whenever you experience Chest Pain, chew A Shatajivanti Tablet immediately. Daily Take One Tablespoon of Tanviprasham In 100ml of Water or Milk

39) Heart Tonic: Take Shatajivanti Tablet 1-0-0 Daily Take One Tablespoon of Tanviprasham In 100ml of Water or Milk

40) Fat Lumps On the Body, Swelling Etc.: Take Santhakaphaa Tablet 1-0-0 + Vatshaanti Tablet 1-0-1 + Tanvishataa Tablet 1-0-1 + Tanvijyeshta Tablet 1-0-0 + Sweetslimm Tablet 1-0-0 + Shatajivanti Tablet 0-0-1 (For Fat Lumps, Take 1 Tbsp. Ketaki Oil + 1 Tbsp. Tanvitila Pain Oil. and massage on lumps. Wash affected areas of skin with Ubtan Joy Lotion with Water and rinse off Daily.) Take One Tablespoon of Tanviprasham In 100ml of Water or Milk

41) Diabetes, Even If Chemical Medication Is Going On, This Treatment Can Be Started & As It Starts Yielding Positive Results Gradually with Doctor's Consultation, the Chemical Medication Can Be Pulled Off: Take Diabetrack Tablet 2-2-2 + Tanvishataa Tablet 2-0-2 + Tanviliva Tablet 1-0-0 for border line count. If count is high take Diabetrack 2-2-2, Sweetssleep 1-0-1, Tanvishataa 2-0-2 & if BP add Shatjivanti 1-0-1.

42) Parkinson's, Writer's Cramps, Alzheimer's, Trembling While Writing, Tremble Through Stress: Take Santhakaphaa Tablet 1-0-0 + Vatshaanti Tablet 1-0-1 + Tanvishataa Tablet 2-0-2 + Shatajivanti 1-0-1 + Ashwayashtee Tablet 1-0-1 + Tanvijyeshta Tablet 2-0-2 (Empty Stomach before meals). Take 1 Ojasaa Tablet At Night. If Tremble Is Increased Then Again Take Tanvishataa Tablet 1 + Vatshaanti Tablet 1 extra. Daily Take One Tablespoon of Tanviprasham In 100ml of Water or Milk In Case of Extra Weight, Add 1 Sweetslimm Tablet to It. In Case of Anaemia, Add 1

Tanvigorex Tablet to It. (Take 1 Tbsp. Ketaki Oil + 1 Tbsp. Tanvitila Pain Oil & massage

43) Stomach, Legs, Waist Pain During Periods, Excess Secretion, Clots: Tanvishataa Tablet 2-2-2 or 4-4-4 (Massage with Ketaki Oil or Tanvitila Pain Oil). Daily Take One Tablespoon of Tanviprasham In 100ml of Water or Milk

44) Irregular periods, late periods, low secretion, hormonal imbalance etc.: Take Sweetslimm 1-0-0 + Vatshaanti Tablet 1-0-1 + Tanvijyeshta Tablet 1-0-1 + Tanvishataa 2-0-2 + Shatajivanti 0-0-1 . mix 1 teaspoon of Tanviprasham with 1 small glass of water and drink it.

45) PCOD – PCOS / irregular periods / Cyst: Take Sweetslimm 1 + Vatshaanti Tablet 1-0-1 + Tanvishataa Tablet 2-0-2 in mornings and Tanvijyeshta Tablet2 + Tanvitila Oil half spoon at night take with luke warm water. Take 1 teaspoon of Tanviprasham with 1 small glass of water as health drink. When mentrus start, stop the other tablets and only take Tanvishataa. When the period is over again start taking the complete course.

46) Varicose veins, pain after considerable walking, black spots on legs, low blood circulation: Take Tanvishataa Tablet 1-0-1 + Vatshaanti Tablet 1-0-1 + Shatajivanti 1+0+0. In case of extra weight add 1 Sweetslimm to it. And take 1 teaspoon of Tanviprasham with 1 small glass of water as health drink (For Varicose veins, apply Ketaki oil + Tanvitila pain oil at night and in

the morning wash with Ubtan lotion After bath apply Tanvi Soft Ghrita Cream.)

47) Thyroid, swelling on face and legs, hormonal imbalance, Vata escalation, weakness, body pain:

Take Santhakaphaa Tablet 1 -0- 0 + Vatshaanti Tablet 1-0-1 + Tanvishataa Tablet 2-0-2 + Tanvijyeshta Tablet 2-0-2 + Shatajivanti 1-0-1 + Tanvigorex Tablet 1-0-0 + Sweetsslimm 0-0-1 and Ojasaa Tablet 0-0-1. Take 1 teaspoon of Tanviprasham with 1 small glass of water as health drink. (Apply Ketaki Oil)

48) Kidney diseases / dialysis / Creatinine

escalation: Take Tanvishataa Tablet 4-4- 4-4 or Tanvishataa Tablet 2-0-2 + Vatshaanti Tablet ½ to 1 + Tanvijyeshta Tablet 1-0-1 + Shatajivanti ½ to 1 + Tanviliva Tablet 1. Take 1 teaspoon of Tanviprasham with 1 small glass of water.

49) Tonic treatment in all types of cancers (Take this treatment along with your current chemical medication. At least take 2 Tanvishataa Tablet thrice a day without fail.)

: Take Tanvishataa Tablet 2-2-2 + Vatshaanti Tablet 1-0-0 + Tanvigorex Tablet 1-0-0 + Shatajivanti 1-0-0 Ojasaa Tablet 0-0-1 + Tanvitrifala 0-0-1 + Tanvijyeshta Tablet 2-0-2 and take 1 teaspoon of Tanviprasham with 1 small glass of water as health drink

50) Tonic in Aids treatment (Take this tonic treatment along with your chemical medication.):

Take Tanvishataa Tablet 4-4-4 + Vatshaanti Tablet 1-0-0 + Tanvijyeshta Tablet 2-0-0 + Tanvigorex Tablet 1-0-0 +

Shatajivanti 1-0-0 If there is fever, take Fevrex 2-2-2 Daily Take One Tablespoon of Tanviprasham In 100ml of Water or Milk as health drink.

51) White Spots (Leucoderma), Fungal Infection, Skin Diseases because of Kapha condition etc.: Take Santhakaphaa Tablet 1-0-0 + Vatshaanti Tablet 1-0-1 + Tanvishataa Tablet 1-0-0 + Tanvijyeshta Tablet 2-0-2 + Ojasaa Tablet 0-0-1 + Shatajivanti 1-0-0 + Tanvigorex Tablet 1-0-0. Daily Take One Tablespoon of Tanviprasham In 100ml of Water or Milk At night, wash Your Skin with Ubtan Joy Lotion and rinse with Water. When dried apply coconut oil to it. In the morning wash the skin with Ubtan Joy Lotion and apply Tanvi Skin Lotion.

52) Sunburn, Heat, Itching: Take Tanvishataa Tablet 2-0-2 + Vatshaanti Tablet 1-0-0 + Tanvijyeshta Tablet 2-0-0 (Wash affected areas of skin with Cucumber Joy Lotion plus water. Apply Tanvi Skin Cream for Face and Neck. Apply Tanvi Skin Lotion on the body. If you experience itching, apply Tanvi Soft Ghrita Cream) Daily Take One Tablespoon of Tanviprasham In 100ml of Water or Milk

53) Nails allergy / rash / itching / Malaria: Take Santhakaphaa Tablet 1 -0- 0 + Vatshaanti Tablet 1-0-1 + Tanvishataa Tablet 2-0-2 + Tanvijyeshta Tablet 2-0-2 + Shatajivanti 1-0-0 + Ashwayashtee Tablet 1-0-0 (empty stomach) If itching increases, take 2 Tanvishataa Tablet again. (Wash affected areas of skin with Ubtan Joy Lotion plus Water. At night apply Coconut oil to affected areas before sleeping. Apply Tanvi Soft Ghrita Cream to affected areas in the morning after bath.)

54) Hair Fall, Hair Split And For Hair Growth: Take Santhakaphaa Tablet 1-0-0 + Vatshaanti Tablet 1-0-0 + Tanvishataa Tablet 2-0-2 + Ashwayashtee Tablet 1-0-0 + Tanvijyeshta Tablet 2-0-0 + Tanvigorex Tablet 1-0-0 + Shatajivanti 1. If The Stomach Is Not Clean Take Tanvijyeshta Tablet 0-0-1 + Tanvitrifala 1 At Night. (Apply & Massage hair & scalp with Keshabala Oil. Take 4 Spoons Of Jaswand Joy Powder + 1 Spoon Of Keshkirti Lotion + Water mix & apply pack on scalp wash off after half an hour & Wash It With Tanvi Anti Dandruff Hair Wash Lotion. Daily Take One Tablespoon of Tanviprasham In 100ml of Water or Milk as health drink.

55) Dandruff, Lice, Itching In Head Etc.: Take Santhakaphaa Tablet 1-0-0 + Vatshaanti Tablet 1-0-0 + Tanvishataa Tablet 2-0-2 + Tanvijyeshta Tablet 2-0-0 In The Morning With Empty Stomach. Daily Take One Tablespoon of Tanviprasham In 100ml of Water or Milk If The Stomach Is Not Clean Take Tanvitrifala 1 + Wormex Tablet 1 + Tanvijyeshta Tablet 1. At Night. (Apply & massage hair & scalp with Keshabala Oil. Once A Week Take Dandruffend Powder 4 Spoons + Water And Apply This pack on scalp. After Half an Hour Wash Hair with Tanvi Anti Dandruff Hair Wash Lotion.)

56) Greying Hair, This Treatment Is Useful To Youth To Grow Black Hair Altogether: Take Santhakaphaa Tablet 1-0-0 + Vatshaanti Tablet 1 -0- 0 + Tanvishataa Tablet 2-0-2 + Tanvijyeshta Tablet 2-0-2 + Tanvigorex Tablet 1-0-0 + Ashwayashtee Tablet 1-0-0 + Shatajivanti 1-0-0. Ojasa 0-0-1 + Tanvitriphala 0-0-1. Daily Take One Tablespoon of Tanviprasham In 100ml of Water or Milk.

(Apply & massage hair & scalp with Keshabala Oil. Once A Week Take Keshkalapini Powder 4 Spoons + Water And Apply This pack to scalp. After ½ Hour Wash Hair with Tanvi Anti Dandruff Hair Wash Lotion or Keshkirti lotion.

57) Skin Rash, Skin Eruptions, Itching, Acne, Red Skin, Heat Diseases: Take Santhakaphaa Tablet 1-0-0 + Vatshaanti Tablet 1-0-0 + Tanvishataa Tablet 2-0-2 + Tanvijyeshta Tablet 2-0-0 in the Morning. If Itching Reoccurs Take 2 Tanvishataa Tablet For 2 To 4 Times extra. (Mix Ubtan Joy Lotion With Water And Wash The Skin With It. Apply Kishan Ointment Or Tanvi Skin Lotion, Apply Tanvi Soft Ghrita Cream.) Daily Take One Tablespoon of Tanviprasham In 100ml of Water or Milk.

58) For Glowing Skin: Tanvishataa Tablet 2-0-2 + Tanvijyeshta 1-0-1 + Ashwayashtee Tablet 1-0-0 + Tanvigorex Tablet 1-0-1 (Wash Your Skin with Ubtan Joy Lotion and rinse with Water. Mix Kanaka Powder 1 Teaspoon with Water and apply the pack on the Skin and Wash It after 10 Minutes. Every Morning Apply Tanvi Skin Cream on your face and rub in circular motion and Apply Tanvigandha Powder on top of It for all day freshness. For hands and feet apply, Tanvi Skin Lotion.)

59) For Pimples, Black Spots Etc.: Take Tanvishataa Tablet 2-0-2 + Vatshaanti Tablet 1-0-0 + Tanvijyeshta Tablet 1-0-0. Daily Take One Tablespoon of Tanviprasham In 100ml of Water or Milk. (Daily wash your face with Papai Joy Lotion. Apply face pack of 1 Teaspoon Pimpletone Powder + Water, twice a week

and wash after 10 Minutes. Every Morning Apply Tanvi Skin Cream on your face and rub in circular motion and apply Tanvigandha Powder on Top of It for all day freshness.

60) Pigmentation, Blackened Skin, And Tanned Skin, Burned Skin, Skin Allergy: Take Santhakaphaa Tablet 1-0-0 + Vatshaanti Tablet 1-0-0 + Tanvishataa Tablet 2-0-2 + Tanvijyeshta Tablet 1-0-1 + Ashwayashtee Tablet 1-0-0 + Shatajivanti 1-0-0. (Daily wash your face with Papai Joy Lotion. Apply face pack of 1 Teaspoon Kanka Powder + water, twice a week and wash after 10 Minutes. Every Morning Apply Tanvi Skin Cream on your face and rub in circular motion and apply Tanvigandha Powder on top of it for all day freshness. For hands and feet apply, Tanvi Skin Lotion.)

61) Black Circles Under Eyes: Take Tanvishataa Tablet 2-0-2 + Vatshaanti Tablet 1-0-0 + Tanvijyeshta Tablet 1-0-0 + Ashwayashtee Tablet 1-0-0 Or Take Tanvishataa Tablet 2-0-2 + Tanvigorex Tablet 1. Wash your face with Cucumber Joy Lotion + Water. Close Your Eyes Every Morning Apply Tanvi Skin Cream on your face and rub in circular motion and Tanvigandha Powder On top Of It for all day freshness.

62) Sweating of Hands and Legs, Diseases Due To Heat: Take Tanvishataa Tablet 2-0-2 (Take Ubtan Joy Lotion + Water and Wash your hands and feet with It. Apply Tanvi Soft Ghrita Cream to Your Hands.)

63) Body Massage, Body Pain, Vata Diseases, Body Contraction, Weight Gain, Obesity: Massage with 1 tsp Tanvitila Pain Oil and 1 tsp of Ketaki Oil.

64) Skin Protection, Allergy, and Dryness: Take Tanvishataa Tablet 2-0-2 + Vatshaanti Tablet 1-0-0 + Tanvijyeshta Tablet 1-0-0. In Case of Skin Dryness, add Santhakaphaa Tablet 1-0-0. (Wash your skin daily with Ubtan Joy Lotion. Apply Tanvi Soft Ghrita Cream after bath and before sleeping to the dry and affected skin.)

65) Superfluous Hair Due To Hormonal Imbalance: Take Sweetslimm 1-0-0 + Vatshaanti Tablet 1-0-0 + Tanvishataa Tablet 2-0-2 + Tanvijyeshta Tablet 1-0-0 Ojasaa Tablet 0-0-1 (Take Turmeric + ¼ Teaspoon Ubtan Joy Lotion + Water And Apply This pack. When It Is Dried, Scrap It Off And Wash With Water. Every Morning Mix Ubtan Joy Lotion with Water and Wash Your Skin with It. And Then Apply Tanvi Skin Cream.)

66) To Wash Polluted Hair: Wash your hair with Tanvi Anti Dandruff Hair Wash Lotion or mix 1 spoon of Keshkirti Lotion in water and wash your hair with it. Regularly massage hair with Keshabala Oil and then wash them.

67) To Wash Polluted Hands Legs Skin: In the Morning Mix Ubtan Joy Lotion in Water and Wash Your Skin with It and In Evening Mix Alovera Joy Powder with Water and Wash Your Skin with It.

68) Herbal Hair Wash to safeguard healthy hair:

Regularly massage the hair with Keshabala Oil before wash. Wash your hair with Tanvi Anti Dandruff Hair Wash Lotion + water or mix 1 teaspoon of Keshkirti Lotion in water and wash your hair with it. If necessary, any other shampoo can be added to it.

69) Fragrant bath: To wash your skin, bathe with Tanvi Herbals' natural treatment products and give your skin a healthy, golden glow: For body wash take 1 teaspoon Ubtan Joy Lotion + water on your wet hand until the froth is formed. Then apply it on the skin and wash it after 2 minutes. Apply Tanvi skin Lotion, Tanvi Skin Cream, Tanvigandha face powder after a bath. Morning face wash with Cucumber Joy - After noon face wash with Papai Joy lotion & Evening face wash with Ubtan Joy lotion.

- Thanks -

Hair Fall Treatment

I had hair fall problem. My hair was very sparse, and I was losing them rapidly. I consulted with many doctors, but it did not help me in any way. Then one day I went to Tanvi Clinic. Dr Manasi checked me and prescribed appropriate Tanvi medicines. With these medicines, I am very much relieved from hair fall issue. Since then I have been taking Tanvi medicines for six months now.

Ms Snehal Dalvi



All Tanvi Herbal products are available at chemists and Tanvi Herbals Clinics. Also, from our office, Tanvi Herbals products can be delivered at home through a courier. Call 9820075813 for courier services. Tanvi Herbals products can also be ordered online through website www.tanviherbals.com.

At our Clinics, only Tanvi Herbals treatments are prescribed to the patients. Generally, when some doctor suggests some other company's medicines, patients complain about it and never visit that doctor again. That is why to maintain the patient's trust, other than Tanvi Herbals no other company's medicines are prescribed to the patients.

In our selected Tanvi Clinics, our doctors conduct free check- up everyday morning and evening. If a patient is not getting desired results then he/she should meet the doctors in main Tanvi Clinics, where appropriate combinations can be prescribed, and positive results can be attained.

In the case of ongoing Allopathic treatment, Tanvi Herbal treatment can be started simultaneously. As Tanvi Herbals medicines start yielding desired results, the chemical medication can be lowered with the doctor's consult.

Tanvi Herbals panel doctors check the patients through Nadi Pariksha and give them guidelines towards good health. Prescriptions are written only on Tanvi Herbal Clinics prescription forms.



If you wish to open a Tanvi Herbals centre in your area, then contact Tanvi Herbals office or you can send a letter or email to us. We regard all Tanvi Herbals panel doctors and Tanvi Herbals patients as a part of our own family. We welcome you to Tanvi Herbals family.

With the grace of God Dhanvantari's blessings, we all are serving the society and get the joy of spreading health.

Being natural and herbal, Tanvi medicines can be taken on an empty stomach, before a meal or after a meal. All morning doses, in all Kapha and Vata diseases, are taken on an empty stomach and in all Pitta diseases, they are taken after breakfast. The extra dose can be taken whenever it is necessary. Tanvishataa can be given even to a baby by mixing in water. From toddlers to the aged ones, take up these simple, natural, Tanvi Herbal treatments and keep maintaining good health through Herbal Tanvipathy.

RELIEVED FROM SINUS AND COLD

For the last 30-35 years, I have been badly suffering from cold and extreme sneezing. My nose and eyes were watering all the time and due to countless, unstoppable sneezes, I literally used to get drained off of energy. I tried Homeopathy, Allopathic, Ayurveda and nothing seemed to work. But fortunately, I came across Tanvi treatments. With Dr Medha madam's suggestions on some general dos and don'ts, I started taking Tanvi treatment and miracle happened. Within 8 days there was a significant positive change in my health condition and now I have totally gotten rid of cold, sneezing and Sinus.

Mrs Archana Modak, Kalyan



According to Ayurveda Pregnancy Health Care for Bright Healthy Child

1st month	Take Tanvishataa 2 + Tanvijyeshta 1 + Tanvigorex 1 everyday with milk. Have liquids like milk, juice, soup which consist of Rasa, Rakta Dhatu. In this month fetus Rasadhatu is formed.
2nd month	Take Tanvishataa 2 + Tanvigorex 1 everyday with milk. In this month fetus' Raktadhatu is formed. So, consume red fruits and red vegetables.
3rd month	Take Tanvishataa 2 + Tanvigorex 1 everyday with milk. In this month muscles and Majjadhatu is developed. So have milk, ghee, dates, apple etc.
4th month	Take Tanvishataa 2 + Tanvigorex 1 everyday. In this month Maansdhatu (flesh) is developed. Have 1 spoon of butter everyday.
5th month	Take Tanvishataa 2 + Tanvigorex 1 everyday. in this month Asthidhatu is developed. So, to strengthen the bones, have milk, ghee, butter, walnuts, fruits with hard shells etc. It helps in strengthening the heart too.
6th month	Take Tanvishataa 2 + Tanvigorex 1 + Ojasaa 1 Everyday. In this month brain and nervous the system is developed. So have



	coconut, almond, milk, ghee, roast, 1 to ¼ Ojasaa etc. Good reading, good thinking, the child will be bright.
7th month	Take Tanvijyeshta 1 + Tanvigorex 1 + Tanvishataa 2 everyday. In this month fetus' Shukradhatu is developed. Tej is formed. Have milk, ghee, Kesar etc. Child will sharp and bright.
8th, 9th month	Take Tanvishataa 2 + Tanvijyeshta 1 + Shatajivanti ¼ everyday with milk. For immunity, Opisthotonos (DhanurVata) prevention and easy delivery, this treatment is there. Drink gold water.
Post Delivery	For better milk for nursing mother – Take Tanvishataa 2 + Tanvijyeshta 1 + Tanvigorex 1 everyday. Have milk, Khaskhas, Chansur, Jvar Bhakari, Balant Shopa etc.

Blessings from Dr. L. H. Hiranandani

Though an accident but it turned out to be extraordinarily good for me to have met Medha Girish Mehendale who is so knowledgeable in Ayurveda, Medha must be encouraged to do research in the ayurvedic innumerable drugs. I on my part will do my best to help through Government of India's Research Projects. I wish Medha great success. I found her devoted scholar.

Dr. L. H. HIRANANDANI

DR. L.H.Hiranandani
Madam Camma Road, Mumbai - 400039



Ayurvedic Health Care for Everyone

- 1) Wake up 1 and ½ hours before sunrise. This time is called Brahm Muhurt which is very much conducive for concentration, thinking, studying etc.
- 2) Key to health, daily take Tanvishataa 1 to 2 tablets on an empty stomach or after tea or milk.
- 3) Brush your teeth with Dhavaladanti powder. Clean the tongue. Gargle with Tanvitila Edible Oil to strengthen the teeth.
- 4) It is primarily necessary to clean the stomach every day. If the stomach does not get cleaned, take Tanvijyeshta 2-0-2 + Tanvitrifala 0-0-1 Daily take 1 teaspoon of Tanvprasham in 1 small glass of water as health drink.
- 5) Apply homemade kajal to eyes. Hold a spoon downward on pure ghee flame. Kajal will be formed on the spoon. Mix it with 1 drop of ghee and apply in eyes.
- 6) Clean your ears, take Tanvitila oil on a finger and roll the finger in your ears with daily use of this ears will become clean & healthy
- 7) Lie down. Keep neck a little upward. Release 1 drop of Tanvitila oil in nose. Lie down for 2 minutes and then get up. If oil slides down to the throat, then you can spit it out. This Nasya sharpens your senses.
- 8) Massage your body with Tanvitila Pain Oil plus coconut oil. It gives your skin a glow. Apply oil to hair, scalp and feet.
- 9) Apply Keshabala Oil 2-3 times a week to hair and scalp .
- 10) Exercise to half of your body strength.
- 11) After work out wet your body and apply Ubtan Joy Lotion and bathe with warm or normal water. Wash your face with Papai Joy Lotion and use Kanaka powder as bath scrub, mix Kanaka Powder with water massage face with



the pack for 2 minutes & then wash off. Mix Tanvi Anti Dandruff Hair Wash Lotion or Keshkirti Lotion with water and wash hair with it.

- 12) To keep your skin disinfected, mix Alovera Joy powder with water and apply this pack to the body and massage then wash it. Apply Tanvi Herbal Skin Lotion to face. On top of that apply Tanvi Skin Cream and then Tanvigandha Face powder.
- 13) Wear clean and comfortable, loose clothes.
- 14) While eating, keep your mind pleasant. Include Shadrasa (all 6 tastes) Sweet, bitter etc. in your meals. As a tonic take 1 Tanvigorex tablet every day. It helps in maintaining Hemoglobin levels and vitalizes body and mind. In case of Calcium deficiency take Ashwayashtee tablet.
- 15) Take 6 to 8 hours of natural, calm sleep. If sleep disorder, then take 2 Tanvishataa or 1 Ojasaa that time for sleep.
- 16) Enjoy your married life as supported by the seasons. In Hemant season (mid-Nov. to mid-Jan.) regular, In Vasant (mid-Mar. to mid-May) and Sharad (mid-Sept. to mid-Nov.) moderate and in Grishma (mid-May to mid-July) low. (By getting in accord with the seasons, the body remains healthy and exuberant.)
- 17) For stamina, take 1 Tanvigorex, 1 Ashwayashtee every day. In case of high BP take 1 Shatajivanti twice a day. In case of Diabetes, take 1 Diabetrack, 1 Sweetslimm, 2 Tanvishataa twice before meals. In the case of obesity, take 1 Sweetslimm, 1 Vatshaanti, 1 Tanvishataa, and 1 Tanvijyeshta every day. For cold Santhakaphaa, for coughing Tanvijyeshta, for gases, body ache take Vatshaanti. Children and youth should take Ashwayashtee everyday and students should take Ojasaa every night.

I am taking Tanvi medicines for last 2 years. I have joint pain and BP. Since I have started Tanvi's Vatshaanti, joint pain is minimal. Also, I take Shatajivanti everyday and with that my dizziness and rapid pulsating has stopped. I suggest Tanvi medicines to my family members too. These medicines have no side effects or other issues. That is why I am very thankful to Tanvi Herbal.

Madhuri Patole

I have been taking treatment in Tanvi clinic since 2007. Because of studies and mental stress, I put up quite some weight. Allopathic was going on. Weight had reached 79kgs at some point and it triggered hormonal problems and more stress. At Tanvi I took a complete treatment with Sweetsslimm, Vatshaanti, Tanvishataa, Tanvitrifala as directed by the doctors and my weight got in control. It also boosted my confidence. Today my weight is 52kg. Tanvijyeshta, Santhakaphaa and especially Tanvitila is very effective.

Shabrita Deshpande

डॉ. मेधा यांनी केला, आयुर्वेदाचा अभ्यास डॉक्टर मेधांनी आपल्या, वाट दाविली हीच नवी
रुग्णांसाठी अशी बनवली, औषधे ही खास ||१|| ठणठणीत प्रकृतीसाठी, मार्ग एक असे "तन्वी" ||४||

तन्वीची अशी सर्व औषधे, बहुगुणी सर्वांसाठीच - विश्वास पुरुषोत्तम मालशे (कल्याण)
धन्यवाद खास माझे, डॉक्टर मेधांसाठी ||२||

तन्वीशता अन वातशांती, घ्या दोन वेळ एकेक गोळी
प्रकृती राहिल सुदृढ आपली, कोठेही असा जळी स्थळी ||३||

20 YEARS OLD JOINT PAIN AND WEIGHT LOST

For last 20 years I had been suffering from joint pain, hands and legs pain and excess weight. Every bone used to pain. In such condition I visited your Panvel Tanvi Clinic and with the help Mr. Choudhari's guidance, started taking Santhakaphaa, Vatshaanti, Tanvishataa, Tanvijyeshta, and Sweetsslimm regularly. Today I am 100% free from all these conditions. My weight decreased by 10kgs and my joint pain is vanished. I have no health issues now.

Mrs. Vaishali Chile, New Panvel

I am taking your medicines for many years now. I got 100% results with your medicines. There are no side effects from these medicines. Our diet remains in control too. At first I used to take Ojasaa. It brought significant change to my health. I am taking these medicines regularly and also suggest them to my friends and family.

Ashwini Kanekar

